



Press Release:
SICSA's Lift Your Leg Registration Now Open
For Immediate Release

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Recommit to your New Year's Resolutions! SICSA Pet Adoption Center's Lift Your Leg 5K Registration Now Open

SICSA Pet Adoption Center, Kettering, Ohio– Don't let another New Year's Resolution fall to the side this year. Now is the time to recommit to get healthy, connect more with friends and give back to the community and SICSA's Lift Your Leg 5K/10K/1mile Race & Walk is just the thing to help! Register today, start your workouts, walk or run the SICSA Lift Your Leg race and then afterwards plan to stay to celebrate your victory in our vendor village which will be full of entertainment, contests and food trucks -- because you deserve it!

SICSA Pet Adoption Center is excited to announce that Lift Your Leg, their annual 5K/10K/1mile Race/Walk registration is now open. The **first 100 registrants with dogs** will receive a **free SICSA dog bandanna** courtesy of Green Leaf Printing and Design! Register before May 21 to guarantee a Lift Your Leg t-shirt.

"With swimsuit season right around the corner, now is the time to get off the couch, get some friends together and start building up to walk /run our 1 mile, 5K or 10k this June 2nd. We're super excited for this event as not only is it a chance for over 1,000 participants and their pets to come together, but it also helps us save lives and build families here at SICSA," says SICSA's Special Events Coordinator, Samantha Moser.

Lift Your Leg is more than just a 5K/10K/1mile Race & Walk, it is a community event! Along with the live entertainment and vendors, prizes will be awarded for best dress owner/pet duo, best talent for a pet and oldest SICSA Alumnus.

You can register online today at www.runsignup.com/sicsaliftyourleg for Lift Your Leg. It is only \$30 for adults and \$15 for kids ages 12 and under. Lift Your Leg will be held at Centerville High School, 500 E. Franklin Street, Centerville OH 45458, on June 2 starting at 8:30 A.M.



For more information about SICSA's Lift Your Leg 5K/10K/1mile Race/Walk or other special events, visit www.sicsa.org or call SICSA at (937) 294-6505. Register on-line: <https://runsignup.com/sicsaliftyourleg>

About SICSA

Originated in 1974, SICSA was started as an alternative to the traditional animal welfare system with a mission of improving the lives of stray animals and promoting adoption. The organization runs an Animal Adoption Center in Kettering at 2600 Wilmington Pike, which is open seven days a week to the public for those interested in bringing a companion animal into their home. For more information about SICSA, please log onto their website at www.SICSA.org or call the Adoption Center at (937) 294-6505.

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2600 Wilmington Pike , Kettering, OH 45419
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